

MoveInMind Training Bibliography

(This is a very basic bibliography about MoveInMind Training. I'm working to a richest list including some links to interesting videos, too!)

Blakeslee, S. and Blakeslee, M., *The Body Has a Mind of Itself*. Random House, 2007

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Gallese, V. and Sinigaglia, C., "What is so special about embodied simulation?". *Trends in Cognitive Sciences*, 15(11), November 2011, pp. 512-519.

Guillot, A., & Collet, C., *The neurophysiological foundations of mental and motor imagery*. New York: Oxford University Press, 2010.

Iacoboni, M., and Mazziotta, J. C., *Mirror Neuron System: Basic Findings and Clinical Applications*. *Annals of Neurology*, September 2007, 62(3), pp. 213-218.

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Robertson, I., *Mind Sculpture: Your Brain's Untapped Potential*. London, UK: Bantan Press, 1999.

Sapolsky, R., *Metaphors Are Us - Neurology: War, murder, music, art. We would have none without metaphor*. Retrieved on internet from the blog Nautilus. Website: <http://nautil.us/issue/1/what-makesyou-so-special/metaphors-are-us>.